



Thanksgiving Journal Worksheet

In everything give thanks; for this is God's will for you in Christ Jesus. (1 Thess. 5:18 NAS)

Thank you, Father, for the gift of:

The Past 24 Hours:

Events:

Right Now:

Environment:

Your words to me [message to me]:

Refreshing forgiveness [Yours for me, mine for myself and others]:

Restoring my soul, and my perspective with Your Truth, Your presence within me [no condemnation]:

Safety:

You "have my back." Always have, always will.

My identity, value, belonging and calling are safe with You.



Today:

Your presence and leading in this day: There is plenty of time to do in this day what you would have me do, *without rushing*.

My life's goal:

Priorities and plans you have led me to focus on:

Specific relationships/situations/people:

To Do Today [No more than 5 things]:

1. Habit I am currently cultivating:
- 2.
- 3.
- 4.
- 5.

The Future:

Here are my plans. I have prayed over them, and sought your guidance as best I know how.

Now I give you this day, and every day after. Help me to rejoice in all the unanticipated changes, the unwelcome hardships, and even my missteps, knowing that you are working all things to good – for me, and for everyone else that loves you and are called according to your purpose.

Remind me to give this day back to you again and again.